



INDIVIDUAL HELPING LLL USA LEADERS RESPONDED TO

152,000 REQUESTS FOR PERSONALIZED BREASTFEEDING SUPPORT.



SUBSCRIBERS TO THE WEEKIY NEW BEGINNINGS BLOG.

PEER SUPPORT

MORE **51,300**

MOTHERS

ATTENDED THE



MONTHLY MEETINGS HOSTED BY LLL GROUPS IN THE USA.

SUPPORT PEOPLE ALSO ATTENDED.

EDUCATION

4,300 **PARENTS** TOOK PART IN **EDUCATIONAL EVENTS** SPONSORED BY LLL USA.

AND 2,100 **HEALTH CARE PROFESSIONALS** ATTENDED LLL

CONTINUING EDUCATION EVENTS

THROUGHOUT THE USA.

OUTREACH 323,000+

"LIKES" ON FACEBOOK.

13,773 BREASTFEEDING

SUPPORTERS

PARTICIPATED IN 153

LIVE, LOVE, **LATCH!®** EVENTS.

LLL USA LEADERS PARTICIPATED IN **BREASTFEEDING**

COALITIONS IN 48 STATES.



LEADERS NEW LEADERS WERE ACCREDITED, BRINGING THE TOTAL NUMBER OF

LEADERS HELPING FAMILIES 3,000 IN THE USA TO NEARLY



Breastfeeding is natural, but it doesn't always come naturally. La Leche League offers nursing support to all who want to nourish their children with human milk.

Whether you want to nurse for 2 weeks, 2 months, 2 years, or beyond, La Leche League USA can help you to reach your breastfeeding goals.

La Leche League helps families by:

- Providing free meetings led by volunteer Leaders, who are experienced with breastfeeding and are accredited by La Leche League International.
- Offering support between meetings for breastfeeding challenges, such as positioning and latch, being sure your baby is getting enough milk, soreness, pumping and milk storage, and so much more!
- Helping parents learn about the ages and stages of breastfeeding.
- Creating a community of support by bringing nursing families together.

La Leche League is for you, whether you are facing a challenge or breastfeeding is going smoothly and you'd like to help support others.

Find a meeting near you today! Illusa.org/locator/