



2016 Impact Report

Individual Helping

LLL USA Leaders responded to over 161,000 requests from parents for individualized support.



Mother-to-Mother Support

Over 63,200 mothers attended monthly meetings hosted by 1,221 La Leche League Groups in the USA. Over 1,200 fathers also attended.



Blog

11,650 subscribers received a direct link to each of the weekly *New Beginnings* blog posts.



Education

More than 6,700 parents took part in educational events sponsored by LLL, and 1,500 health care professionals attended LLL continuing education events throughout the USA.

Leaders

277 new Leaders were accredited bringing the total number of Leaders helping families in the USA to 3,226.



Outreach

www.lllusa.org

- LLL USA Leaders were involved in breastfeeding coalitions in all 50 states.
- 709 local LLL Groups used social media to reach families.
- 12,843 breastfeeding supporters participated in 166 *Live, Love, Latch!*® events.
- Over 282,900 "likes" on Facebook.



**Breastfeeding is natural, but it doesn't always come naturally.
La Leche League offers breastfeeding support
to all who want to breastfeed.
Whether you're working or are home with your baby,
La Leche League can help you to reach your breastfeeding goals.**



La Leche League helps families by:

Providing free meetings led by volunteer Leaders,
who are experienced with breastfeeding
and are accredited by La Leche League International.

Offering support between meetings for breastfeeding challenges,
such as positioning and latch, being sure your baby
is getting enough milk, soreness, pumping and milk storage,
and so much more!

Helping parents learn about the ages and stages of breastfeeding.

Creating a community of support by bringing
breastfeeding families together.

**La Leche League is for you, whether you are facing a challenge
or breastfeeding is going smoothly and
you'd like to help support others.**

Find a meeting near you today!