



2015 Impact Report

Individual Helping

LLL USA Leaders responded to over 157,700 requests from parents for individualized support.



Mother-to-Mother Support

Over 72,500 mothers attended monthly meetings hosted by 1,236 La Leche League Groups in the USA. Over 1,350 fathers also attended.



Blog

Over 12,000 subscribers received a direct link to each of the weekly *New Beginnings* blog posts.



Education

More than 5,700 parents took part in educational events sponsored by LLL and 1,400 health care professionals attended LLL continuing education events throughout the USA.



Leaders

320 new Leaders were accredited bringing the total number of Leaders helping families in the USA to 3,275.

Outreach

www.lllusa.org

- LLL USA Leaders involved in breastfeeding coalitions in 47 states
- 813 local LLL Groups using social media to reach families
- 990 participants in Miracle Milk® Strolls sponsored by 28 LLL Groups
- 12,611 breastfeeding supporters at 174 Live, Love, Latch!™ events
- 214,000 "likes" on Facebook



**Breastfeeding is natural, but it doesn't always come naturally.
La Leche League offers breastfeeding support
to all who want to breastfeed.
Whether you're working or are home with your baby,
La Leche League can help you to reach your breastfeeding goals.**



La Leche League helps families by:

Providing free meetings led by volunteer Leaders,
who are experienced with breastfeeding
and are accredited by La Leche League International.

Offering support between meetings for breastfeeding challenges,
such as positioning and latch, being sure your baby
is getting enough milk, soreness, pumping and milk storage,
and so much more!

Helping parents learn about the ages and stages of breastfeeding.

Creating a community of support by bringing
breastfeeding families together.

**La Leche League is for you, whether you are facing a challenge
or breastfeeding is going smoothly and
you'd like to help support others.**

Find a meeting near you today!