

2011

Place  
Postage  
Here

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***Breastfeeding =  
Communication***

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**Breastfeeding is acknowledged  
as the biological norm for infant  
feeding**

- ❖ **Perfect nutrition for baby**
- ❖ **A lifetime of benefits**
- ❖ **Decreased health risks  
for both mother and baby**

La Leche League Leaders  
have breastfed their babies,  
and are accredited to help a  
mother overcome uncertainty  
and prevent difficulties.

**La Leche League:  
Supporting mothers  
is our mission**



**Breastfeeding =  
Communication**



**3 Reasons  
to Give**

**Donation Brochure**

# Why is your support so crucial?

Every Leader is a volunteer available to any mother and baby who want information and support for breastfeeding. Donations enable us to continue our work.

## YOUR DONATION SUPPORTS:

- LLL Group meetings
- Lending libraries containing books on all parenting topics
- Phone assistance
- Spanish materials and outreach
- Hospital outreach
- Education programs aimed at the medical community
- Breastfeeding FAQs available 24/7 on our Web site
- Questions answered daily by email
- Online parenting chats + meetings

**La Leche League (LLL) is a nonprofit, volunteer organization that provides information and encouragement to all mothers who want to breastfeed their babies. LLL is recognized as the world's foremost authority on breastfeeding.**

# 3 REASONS TO GIVE

- The American Academy of Pediatrics KEY STRATEGY  
“Increasing the current rate of breastfeeding in the United States is fundamental to optimize infant nutrition, especially when disaster strikes.”
- The cleanest, safest food for an infant is human milk
- Breast milk is a free, renewable resource that does not damage our planet.

**To donate online visit:  
[www.Donate2lll.org](http://www.Donate2lll.org)**

## Credit your local Group

Or you may send this form with your donation to your local La Leche League Group:

\$20  \$25  \$50  \$75  \$100  \$300

other \_\_\_\_\_

Matching-gift form enclosed

Method of payment:

Check payable to La Leche League

VISA  Discover

MasterCard  American Express

Card #: \_\_\_\_\_

Signature: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

Donor's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

**THANK YOU FOR YOUR SUPPORT!**

Your gift is tax-deductible.