

Membership Information

LLL is an international membership organization. You don't need to join to attend meetings, but memberships help to pay for our meeting space, support the work of LLL and help women around the world receive accurate breastfeeding information. Leaders are volunteers.

Name:

Address:

City:

State: Zip

Phone:

E-mail:

- Supporting Membership \$25**
Supporting members receive discounts at the LLLI online store and discounted conference registration
- Regular Membership \$40**
Regular members receive all Supporting Membership benefits plus an online subscription to **NEW BEGINNINGS**, LLLI's bi-monthly breastfeeding magazine
- Sustaining Membership \$100.**
Sustaining members receive all Regular Membership benefits plus Mothers: Breastfeeding Made Simple Health Care Professionals: Dr. Jack Newman's The Ultimate Breastfeeding Book of Answers
- Premier Membership \$250.**
Premier members receive: all Regular Membership benefits plus THE POCKET GUIDE: BREASTFEEDING ANSWER BOOK or a book of similar value

100% of your contribution could also be applied towards La Leche League, by choosing the "no gift" option.

Please make checks payable to: LLL Lincoln Park

Send to:

**Kate Ogilvie, 1923 W. George St.,
Chicago, IL 60657**

Memberships can also be purchased at www.lalecheleaguelincolnpark.org using Paypal.

LLL of Lincoln Park
c/o Kate Ogilvie
1923 West George Street
Chicago, IL 60657



La Leche League of Lincoln Park

www.lalecheleaguelincolnpark.org

January 2010 – June 2010

**Tuesday Nights
Illinois Masonic Hospital
836 West Wellington**

* La Leche League is an international non-profit, non-sectarian organization dedicated to providing education, information, support and encouragement to woman who want to breastfeed.

Phone Support & Assistance

For more information about meetings, or if you have a question about breastfeeding, please contact a LLL leader.

Seana	773-278-7598 seanaface@yahoo.com
Kate	773-348-0399 kandd@att.net
Erin	312-218-4025 erinrodriguez@gmail.com
Hilde	773-868-4860 hmkaiser@ameritech.net
Joelle	773-733-3478 jpermutt@aol.com
Nancy	773-338-0137 nmachaj@sbcglobal.net
Juli	773-725-8891 juliwalter.billings@gmail.com

Parenting Enrichment Series Schedule

For new and experienced moms who have parenting questions. Meetings are held the first **Wednesday** of the month at:

Berry Memorial Church
4754 N. Leavitt
10:00am -11:30am

January 6 Leader: Seana	When a Couple Becomes a Family
February 3 Leader: Nancy	Eating Well - Menu Planning
March 3 Leader: Erin	Breastfeeding and Natural Child Spacing
April 7 Leader: Kate	Nighttime Parenting
May 5 Leader: Seana	Babywearing: Some Whys and Hows
June 2 Leader: Nancy	Traveling with Children / Enjoying the Summer

Breastfeeding Series Meeting Schedule

For mothers and mothers-to-be to share questions, concerns, joys and benefits of breastfeeding.

Meetings are held the third **Tuesday** of the month from **7:00pm - 8:30pm**.

Illinois Masonic Hospital
836 W. Wellington
Ringel Room

Follow the signs through the hospital to the Ringel Room. This will involve going up one elevator over a pedestrian bridge and down another elevator. Have parking validated at the front desk before the meeting, for security reasons meeting attendees will exit the hospital at 836 Nelson Street.

January 19 Leader: Erin	Expanding Waistline: Pregnancy & Deciding to Breastfeed
February 16* Leader: Kate	Expanding Family: Baby's Birth & Joining the Family
March 16 Leader: Seana	Expanding on a Theme: Typical Course of Breastfeeding
April 20 Leader: Erin	Expanding Horizons: Weaning & Nutrition
May 18 Leader: Kate	Mother's Day: The Gift of Breastmilk
June 15* Leader: Seana	Family Ties: Challenges & Changes with a New Baby

*** Fathers are invited to these meetings.**



La Leche League Can Help!

Breastfeeding is a simple and natural process, but you may need support and information on the correct positioning of the baby at the breast, working and breastfeeding, avoiding problems, or overcoming challenges.

At our monthly meetings, mothers and mothers-to-be share questions, concerns and the joys and benefits of breastfeeding. The Leader, an experienced nursing mother, is well prepared to answer your questions. Babies are always welcome at LLL meetings.

There is a lending library with books on breastfeeding, childbirth and parenting. ***The Womanly Art of Breastfeeding***, LLL's classic breastfeeding manual, is available for sale, and you have the opportunity of becoming a member of LLL for just \$40/year. Membership benefits include an online subscription to ***New Beginnings***, a bi-monthly journal published by LLLI.

What Can You Do To Help?

La Leche League wants to continue to offer free support to mothers, babies and new families, but we can not do it with out help from you. Our leaders are volunteers but your membership or donation helps to pay for our meeting space rental, printing, mailing and educational material costs. Memberships and donations also help support our International organization.

Please consider becoming a member or making a donation to La Leche League of Lincoln Park.