



La Leche League of Decatur presents:

## **THE MOMMY HOUR**

**2<sup>nd</sup> Friday 10:00 a.m. Westminster Church\***

The Mommy Hour is an informal get-together for the breastfeeding mom and her baby, as well as pregnant women, and grandmothers. Babies and toddlers are welcome.

- Socialize with new friends
- Ask your burning questions
- Enjoy refreshments
- Borrow books from the LLL library
- Hear current breastfeeding information

**Directions:**

The Westminster Church in Decatur is on the corner of Fairview & W. Main Street. Parking and entry are located on Park Place Street on the west side of the church. Please use the most convenient parking lot located on the north side of the building, or street parking on Park Place Street.

**Call LLL of Decatur anytime to ask breastfeeding questions**

- **Lisa 674-3580 or Marie 875-2409**